

Welcome to Judy's  
Healthy Kitchen!

## SANDWICHES



Turkey

Ham

Tuna Salad

Chicken Salad

Cost: \$4.75



Served with Homemade Bread, choice of cheese, lettuce, tomato, pickles, onions, mayo, mustard.

Kids - Peanut butter & Jelly available

### Hours:

Monday - Friday

10:00am to 2:00pm

Eat In / Delivery



Judy's Healthy Kitchen  
211 East Market Street  
West Chester, PA 19380  
610/696-4814  
www.judyshealthykitchen.com

## BOX LUNCHES

Create Your Own Box Lunch

Step 1 : Choose one of the Following:

Soup

Sandwich

Salad

1/2 Soup - 1/2 Sandwich Combo

Step 2 : Choose one Side

Cost: \$5.95

Add a drink for an extra \$1.00



## HOT LUNCH SPECIAL

Each Day Judy's Healthy Kitchen features a homemade hot meal.

*Call for today's Special!*



Ask about catering delivery and prepared meals delivery!

## SOUPS

Chicken Noodle

Vegetable

Special Soup of the Day

Cost: \$4.00 Bowl

\$2.50 Cup



## SALADS

Garden Salad

Chef Salad

Cost: \$4.00

## SIDES

Noodle Salad

Potato Salad

Deviled Eggs

Fruit Cup

Carrots/Celery Cup

Sun Chips

Baked Chips

Apples

Cost: \$2.00



## DRINKS

Coffee, Hot Tea, Iced Tea, Hot Cider, Lemonade, Water, Coke, Diet Coke, Sprite, Orange Juice, Hot Chocolate, Whole Milk, Gatorade, Juice Boxes (apple and fruit punch)